



Creating Natural Plant Dyes: Recipes

Use a mortar and pestle to gently smash fruit/leaves/petals. Press the smashed materials through a strainer over a bowl. A small amount of water can be added to help the juice flow through the strainer and to slightly dilute the dye. A paintbrush can be used to paint on a piece of cloth, a white t-shirt, or watercolor paper.

Orange:

- 1 tbsp. calendula flower petals
- 2 tbsp. water
- 1 tsp. turmeric powder

Green:

- 1 tbsp. spinach leaves
- 2 tbsp. water

Magenta:

- 5 raspberries
- 1 tbsp. water

Purple:

- 2 tbsp. princess flower petals
- 1 tbsp. water

Blue:

- 5 blueberries
- splash of water

Violet fades to Gray:

- 5 black berries